

Subject name Medical Psychology		ECTS Code																		
Name of unit teaching the subject THE ZBIGNIEW RELIGA FACULTY OF MEDICAL SCIENCES IN ZABRZE, THE UNIVERSITY OF TECHNOLOGY IN KATOWICE																				
Studies																				
Field of study	degree	mode	major	specialization																
medical	Uniform Master's	Stationary/non-stationary																		
Surname of instructor (instructors)																				
Type of class, method of implementation and specified number of hours		Amount of ECTS points																		
A.Type of class <ul style="list-style-type: none"> • lecture, • exercise classes, • design classes, • laboratories, • lectureship, • seminars, • diploma seminar, • professional internship.* * mark where applicable		Description of awarding ECTS points: <table border="1" style="width: 100%; border-collapse: collapse; margin-top: 5px;"> <thead> <tr> <th style="padding: 5px;">Activity</th> <th style="padding: 5px;">Student workload</th> </tr> </thead> <tbody> <tr> <td style="padding: 5px;">Participation in lectures</td> <td style="padding: 5px;">20 hours</td> </tr> <tr> <td style="padding: 5px;">Participation in practical classes</td> <td style="padding: 5px;">10 hours</td> </tr> <tr> <td style="padding: 5px;">Preparation for practical classes and colloquiums</td> <td style="padding: 5px;">15 hours</td> </tr> <tr> <td style="padding: 5px;">Examination preparation</td> <td style="padding: 5px;">15 hours</td> </tr> <tr> <td style="padding: 5px;">Consultations</td> <td style="padding: 5px;">10 hours</td> </tr> <tr> <td style="padding: 5px;">Total number of hours</td> <td style="padding: 5px;">70 hours / 30</td> </tr> <tr> <td style="padding: 5px;">Amount of ECTS points per module</td> <td style="padding: 5px;">2 ETCS</td> </tr> </tbody> </table>			Activity	Student workload	Participation in lectures	20 hours	Participation in practical classes	10 hours	Preparation for practical classes and colloquiums	15 hours	Examination preparation	15 hours	Consultations	10 hours	Total number of hours	70 hours / 30	Amount of ECTS points per module	2 ETCS
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B.Method of implementation <ul style="list-style-type: none"> • classes in a didactic room • on-line classes/<i>blended learning</i> • classes outside the didactic room (in this case must specify, where they are conducted) 																				
C.Amount of hours in accordance with the approved curriculum 20h of lecture 10h of seminars																				
Didactic cycle Third semester																				
Subject status • mandatory / facultative		Language of instruction Polish																		
Didactic methods Classes are conducted using workshop methods based on active techniques of working with a group Practical exercises of individual abilities, demonstrations Tasks developing the ability to communicate, Lectures and moderated discussions		Forms and methods of passing and general grading criteria or examination requirements																		
		A. Method of passing <ul style="list-style-type: none"> • examination • passing with a grade – exercise classes* * mark where applicable																		
		B. Forms of passing: <ul style="list-style-type: none"> • written examination: <u>test</u> / with open questions (exercises)/longer written statement • oral examination • oral test/colloquium • completion of a semester assignment: preparation of a design or presentation/conducting research and presenting its results(written/oral)/completion of a specified practical work • agreeing on a passing grade based on partial grades received during the course of the semester* 																		

* mark where applicable

C. Basic grading criteria

Grades or examination requirements are individually specified and correspond to the educational effects

Definition of preparatory subjects and initial requirements

none

Subject aim

- C1 familiarizing the student with basic relationship between the psyche and the body
- C2 making the students aware of the patients' psychological needs
- C3. Developing basic communication abilities
- C4. Familiarizing the students with the most important concepts of personality psychology
- C5. Making the students aware of the role of the social environment in the treatment process

Curriculum

A. Lecture content

- medicinal psychology
- basic aspects of psychology of health
- Man as a biopsychosocial being
- The pathogenic and salutogenic paradigm in psychology of health
- Basic aspects of psychopathology of the individual and society

B. Seminar content

- Man's own resources in the illness and recovery processes
- Lifestyle in the psychological perspective
- Emotions and actions
- Research methods in psychology
- Psychotherapy as a method of supplementing the treatment process

Literature

A. Literature required to receive a final credit for classes (pass an exam):

A.1. used in class

- P. Zimbardo Psychologia i życie, PWN 2017
- A. Jakubowska-Winecka Psychologia w praktyce medycznej PZWL, 2007

A.2. studied independently by the student

- K. Schier Dorosłe dzieci Wydawnictwo Naukowe Scholar 2007

B. Supplementary literature

- A. Kępiński "Poznanie pacjenta"
- M. Talarowska "Podstawy psychologii. Podręcznik dla studentów medycyny i kierunków", Wydawnictwo Continuo, 2014
- I. Grzesiuk „Psychoterapia”

Educational effects:

Effect no

Description of an educational effect

Reference to field of study related effects

Knowledge:					
W1	Student knows the basic psychological mechanisms of human functioning both during diseases and health				DW!
W2	Student knows social attitudes towards the significance of health, illness, disability, and old age, the social consequences of an illness and disability as well as the sociocultural barriers and the concept of quality of life based on health condition				D.W4
W3	Student knows the principles and methods of communicating with the patient and his family, which help in creating a relationship that is based on empathy and trust				D.W5
W4	Student describes the rules of motivating patients to act in a health conscious way and informing them about adverse prognosis				DW15
W5	Student understands the significance of the role of the social environment in the process of patient treatment				DW10
Abilities:					
U1	In the therapeutic process the student takes into account the subjective needs and expectations of the patient resulting from sociocultural conditions				DU1
U2	Student notices the signs of self-aggressive and pathologic behavior and knows how to react				DU2
U3	The student is able to select such treatment methods which minimize the negative psychological and social consequences for the patient				DU3
U4	Student can build an atmosphere of trust during the whole diagnosis and treatment process				DU4
U5	The student is able to communicate with his coworkers, the patient's family and his surroundings				
Social competencies:					
K1	The student can provide the patient and his family information about the course of treatment				DU8
K2	The student can, on a basic level, apply psychological intervention which motivate and support the patient				DU11
K3	The student can speak with both adult and child patients as well as their families using the techniques of active listening and expressing empathy, as well as speak with the patient about his life situation				DU5
Methods used in the verification of educational effects					
Educational effect	Type of grade				
	colloquiums	Solving problems during exercise classes	Solving problems in groups	Oral examination	Written examination
W1			X		
W2			X		
W3			X		
W4			X		
W5			X		
U1		X			
U2		X			
U3		X			
U4		X	X		
U5		X	X		

		91%-100%
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