

Subject name <b>Psychiatry</b>		ECTS Code																		
Name of unit teaching the subject <b>THE ZBIGNIEW RELIGA FACULTY OF MEDICAL SCIENCES IN ZABRZE, THE UNIVERSITY OF TECHNOLOGY IN KATOWICE</b>																				
<b>Studies</b>																				
<b>Field of study</b>		<b>degree</b>	<b>mode</b>	<b>major</b>	<b>specialization</b>															
medical		Uniform Master's	stationary																	
Surname of instructor (instructors)																				
<b>Type of class, method of implementation and specified number of hours</b>			<b>Amount of ECTS points</b>																	
<b>A. Type of class</b> <ul style="list-style-type: none"> <li>• <b>lecture,</b></li> <li>• exercise classes,</li> <li>• <b>clinical exercise classes</b></li> <li>• seminars,</li> <li>• design classes</li> <li>• laboratories,</li> <li>• lectureship,</li> <li>• diploma seminar,</li> <li>• professional internship.*</li> </ul> * mark where applicable			Semester 09: <ul style="list-style-type: none"> <li>- Lecture – 0.5 ECTS</li> <li>- Exercise classes – 1 ECTS</li> </ul> Semester 10 <ul style="list-style-type: none"> <li>- Lecture – 0.5 ECTS</li> <li>- Exercise classes – 1 ECTS</li> </ul>																	
<b>B. Amount of hours in accordance with the approved curriculum</b> <b>Semester 09 – 40h – 15hL+25hEX</b> <b>Semester 10 - 40h – 15hL+25hEX</b>			<b>Description of awarding ECTS points:</b> <table border="1" style="width: 100%;"> <thead> <tr> <th style="text-align: center;">Activity</th> <th style="text-align: center;">Student workload</th> </tr> </thead> <tbody> <tr> <td>Participation in lectures</td> <td style="text-align: center;">30 hours</td> </tr> <tr> <td>Participation in practical classes</td> <td style="text-align: center;">50 hours</td> </tr> <tr> <td>Preparation for practical classes and colloquiums</td> <td style="text-align: center;">10 hours</td> </tr> <tr> <td>Examination preparation</td> <td style="text-align: center;">15 hours</td> </tr> <tr> <td>Consultations</td> <td style="text-align: center;">10 hours</td> </tr> <tr> <td><b>Total number of hours</b></td> <td style="text-align: center;">115 hours / 30</td> </tr> <tr> <td><b>Amount of ECTS points per module</b></td> <td style="text-align: center;"><b>3ETCS</b></td> </tr> </tbody> </table>		Activity	Student workload	Participation in lectures	30 hours	Participation in practical classes	50 hours	Preparation for practical classes and colloquiums	10 hours	Examination preparation	15 hours	Consultations	10 hours	<b>Total number of hours</b>	115 hours / 30	<b>Amount of ECTS points per module</b>	<b>3ETCS</b>
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<b>Didactic cycle</b> <b>5th year, Semester 09 and 10</b>																				
<b>Subject status</b> <ul style="list-style-type: none"> <li>• <b>mandatory</b> / facultative</li> </ul>			<b>Language of instruction</b> Polish																	
<b>Didactic methods</b> Lectures Case analysis Situational method, staging Didactic discussion Multimedia lectures			<b>Forms and methods of passing and general grading criteria or examination requirements</b> <hr style="border-top: 1px dashed black;"/> <b>A. Method of passing</b> Class attendance and participation Written test Oral assessment – practical Constant evaluation during classes																	

**B. Forms of passing:**

- written examination: oral examination
- receiving credit for practical classes – oral test

**C. Basic grading criteria**

Individually specified, correspond to the educational effects

**Definition of preparatory subjects and initial requirements**

- basic ability to gather medical interview information, familiarity with the principles and techniques of a physical examination
- familiarity and ability to interpret laboratory examination results, familiarity with the anatomy of the CNS necessary to interpret neuroimaging examinations
- basic familiarity with groups of drugs used in psychiatry i.e. antipsychotics, antidepressants, mood stabilizers, tranquilizers, and soporifics
- basics of medical psychology

**Subject aim**

Providing the students with basic psychiatric knowledge: diagnosing, basis of treatment and the prevention of mental disorders, as well as medical certification and acquiring the abilities to establish appropriate contacts with a mentally ill patient. Teaching symptomatology and psychopathological syndromes, ability to take case history from a psychiatric patient and those accompanying him, formulating the description of the mental and somatic condition of the patient, giving an initial diagnosis in the form of a psychopathological syndrome. Teaching the development of a general action plan with a patient and emergency conditions in psychiatry. Basic legal provisions regarding psychiatric examination, admitting a patient into a psychiatric hospital and using direct physical coercion. Organization of psychiatric treatment

**Curriculum**

## Lectures

- History of psychiatry
- The aspect of health and psychiatric disorders, classification of psychiatric disorders
- The Mental Health Protection Act, organization of psychiatric treatment, forms of social care
- Psychopathological symptoms – attention, orientation, memory, perception, thought disorders
- Psychiatric disorders of children and youth
- Psychiatric disorders of the elderly
- Anxiety disorders, obsessive-compulsive disorders, acute reaction to stress, post-traumatic stress disorders, adaptive disorders, dissociative disorders, somatic disorders, behavioral syndromes associated with psychological factors
- Psychotropic drugs
- Mental disorders associated with the abuse of psychoactive substances
- Mental disorders caused by abuse of alcohol and other psychoactive substances, The Act of Upbringing in Sobriety and Counteracting Alcoholism, Act on the Prevention of Drug Addiction
- Dementia syndromes
- Mental disorders caused by illness, damage or dysfunction of the brain
- Mental disorders in somatic diseases
- Treatment of the most common mental disorders
- Differences in developmental psychiatry
- Problems of adolescence
- The Mental Health Protection Act and behavior with regards to the under-aged
- Differences in examinations in child and adolescent psychiatry
- Specificity of a psychological examination – contact with the patient and diagnostic methods
- Psychological mechanisms of the behavior of man
- Personality and its disorders, recommendations for psychotherapy
- Human sexology, contemporary theories regarding sexual orientation and gender identity
- Psycholegal decisions

## Clinical exercise classes

- General psychiatric examination

- Psychiatric examination targeted at patients with various mental disorders
- Examination specificity
- Examining a child and an adolescent with emotional disorders
- Examining a child and an adolescent with behavioral disorders
- Examining a child and an adolescent with psychotic disorders
- Symptomatology in psychiatry
- Psychopathological syndromes in psychiatry
- Medical emergencies in psychiatry/ consultative psychiatry
- Schizophrenia, schizophrenic disorders, schizoaffective disorders, persistent delusional disorders,
- Affective disorders
- Differences in psychopathology in childhood
- Differences in psychopathology in adolescence

## Literature

### Basic literature

Bilkiewicz A (ed.) Psychiatria. Podręcznik dla studentów medycyny. Wydawnictwo Lekarskie PZWL, Warszawa 2003

International Statistical RE and Diagnostic Recommendations. Uniwersyteckie Wydawnictwo Medyczne "Vesalius" i Instytut Psychiatrii i Neurologii, Kraków-Warszawa 1997

A. Bilikiewicz, J. Landowski, P. Radziwiłowicz: „Psychiatria. Repetytorium”, Wyd. Lekarskie PZWL W-wa 1999

Jarema M., Rabe-Jabłońska J.: Psychiatria. Podręcznik dla studentów medycyny. Wydawnictwo Lekarskie PZWL, Warszawa 2011

Krupka-Matuszczyk I.: Psychiatria dla studentów fizjoterapii. Śląski Uniwersytet Medyczny, Katowice 2011

### Supplementary literature

Rybakowski J, Pużyński S, Wciórka J (ed.) Psychiatria 2nd edition. Vol. 1. Podstawy psychiatrii. Elsevier-Urban & Partner, Wrocław 2010

Bilikiewicz A, Pużyński S, Rybakowski J, Wciórka J (ed.) Psychiatria. Vol II. Psychiatria kliniczna. Wydawnictwo Medyczne Urban & Partner, Wrocław 2002

Bilikiewicz A, Pużyński S, Rybakowski J, Wciórka J (ed.) Psychiatria. Vol III: Terapia, zagadnienia etyczne, prawne, organizacyjne i społeczne. Wydawnictwo Medyczne Urban & Partner, Wrocław 2003

Namysłowska I: Psychiatria dzieci i młodzieży. Wydawnictwo Lekarskie PZWL, Warszawa 2011

Oldham J.M., Morris L.B.: Twój psychologiczny autoportret. Czarna Owca, Warszawa 2011

Wciórka J.: Psychopatologia – objawy i zespoły zaburzeń psychicznych. In: Rybakowski J., Pużyński S., Wciórka J.: Psychiatria, vol. 1. Elsevier Urban & Partner, Wrocław 2011

## Educational effects:

Effect no	Description of an educational effect	Reference to field of study related effects
<b>Knowledge:</b>		
W1	Knows the basic concept of pathogenesis and mental disorders	E.W15
W2	knows the general symptomatology of mental disorders, principles of their classification according to the main classification systems	E.W16
W3	Knows the symptoms, principles of diagnosis and therapeutic treatment of the most common mental disorders, including: <ol style="list-style-type: none"> <li>Schizophrenia,</li> <li>Affective disorders,</li> <li>Neurotic and adaptive disorders,</li> <li>Eating disorders</li> <li>Disorders associated with abusing psychoactive substances</li> <li>Sleep disorders</li> </ol>	E.W17
W4	Knows the principles of diagnosis and treatment during medical emergencies in psychiatry, taking into account the problem of suicides	E.W18
W5	Knows the specificity of mental disorders and their treatment in children,	E.W19

	adolescents and during old age				
W6	Knows the symptoms of mental disorders in the course of somatic diseases, their influence on the course of the basic disease and prognosis as well as principles of treating them	E.W20			
W7	Has knowledge regarding human sexuality and the basic disorders associated with it	E.W21			
W8	Knows the provisions regarding the protection of mental health with particular emphasis on principles of admission to a psychiatric hospital	E.W22			
<b>Abilities:</b>					
U1	Conducts a medical interview with an adult patient	E.U1			
U2	Performs a psychiatric examination	E.U5			
U3	Conducts a medical interview with a child and its family	E.U2			
U4	Evaluates and describes the somatic and mental condition of the patient	E.U13			
U5	Diagnoses direct life-threatening conditions	E.U14			
U6	Diagnoses conditions after consumption of alcohol, narcotics and other stimulants	E.U15			
U7	Plans diagnostic, therapeutic and prophylactic treatment	E.U16			
U8	Can conduct an analysis of possible harmful side effects of individual drugs and the interactions between them	.U17			
U9	Suggests an individual approach to the therapeutic guidelines in force as well as other treatment methods in face of an unsuccessful or contradictive standard therapy	E.U18			
U10	Diagnoses the symptoms of drug dependence and suggest treatment	E.U19			
U11	Can keep the patient's medical documentation	E.U38			
<b>Social competencies:</b>					
K1	Is aware of his own diagnostic and therapeutic limitations, educational needs, plans his educational activities				
K2	Can work in a professional team, in a multi-cultural and multi-national community				
K3	Can establish and maintain a deep, respectful contact with the patient				
K4	Protects patient confidentiality and all patient rights				
<b>Methods used in the verification of educational effects</b>					
Educational effect	Type of grade				
	colloquiums	Following instructions in class	Solving problems in groups	Oral/practical test	Written examination
W1-W8	X	X		X	X
U1		X		X	X
U2		X		X	X
U3		X		X	X
U4		X		X	X
U5		X		X	X
U6		X		X	X
U7		X		X	X
U8		X		X	X
U9		X		X	X
U10		X		X	X

U11		x		X	X
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Criteria of evaluating educational effects					
Educational effect	For a grade of 3	For a grade of 3.5	For a grade of 4	For a grade of 4.5	For a grade of 5
<b>W1-W8</b>	Exhibits knowledge of the educational content on a level of 60%-69%	Exhibits knowledge of the educational content on a level of 70%-76%	Exhibits knowledge of the educational content on a level of 77%-84%	Exhibits knowledge of the educational content on a level of 85%-92%	Exhibits knowledge of the educational content on a level of 93%-100%
<b>U1-U10</b>	Exhibits knowledge of the educational content on a level of 60%-69%	Exhibits knowledge of the educational content on a level of 70%-76%	Exhibits knowledge of the educational content on a level of 77%-84%	Exhibits knowledge of the educational content on a level of 85%-92%	Exhibits knowledge of the educational content on a level of 93%-100%